



Yoga Alliance Ltd Registered Trade Marks

Yoga & Meditation Course Time table 2021-2022

Course Details	Duration	Intake Date	Day & Hours
Certificate IV in YOGA TEACHING 10696NAT CRICOS 098603G YTT600 Level -3	1 Year, 52 Weeks 4 Terms 80% contact hrs 20% distance hr	24 March,2021 26 May ,2021 25 August,2021 24 Nov. ,2021 27 Jan, 2022	Wed, 3hr, 5:30 -8:30 pm Sat: 3hr, 2- 5pm Mon 1 -4pm ,3hr
10887NAT - Advanced Diploma of Therapeutic Yoga Teaching YTT 1000 Level -5	2 Years 104 Weeks 8 Terms• 80% contact hrs 20% distance hr	29 March,2021 24 May ,2021 23 August,2021 22 Nov. ,2021 31 Jan , 2022 24 March,2022 26 May ,2022 25 August,2022 24 Nov. ,2022 27 Jan , 2023	Mon,3hr, 5:30-8:30pm Sat 3hr, 7:30 to 10:30am Wed 1pm-4pm, 3hr
YTT 200 Hours Foundation Level		24 March,2021 26 May ,2021 25 August,2021 24 Nov. ,2021	Wed, 3hr , 5:30 -8:30 pm Sat: 3hr , 2- 5pm Mon 1 -4pm ,3hr
Yoga for special conditions	Pregnant, Anxiety, Stress, Addiction etc	26 May ,2021	Mon & Sat 8- 9:45 am
Yoga for special sickness	Diabetes, Gastric Kidney, etc	26 May ,2021 Every week	Wed, 3hr, 5:30 -8:30 pm Sat: 3hr, 2- 5pm Mon 1 -4pm ,3hr
One to One Yoga Meditation	Unique person	26 May ,2021 Every week	Sat-12-1:30pm Wed 1:2:30pm
Private group	Staffs, Student Elders	26 May ,2021 Every week	Friday 4-5 :30pm Monday10-11:45am
Online YTT 200 Hours Foundation Level		24 March,2021 26 May ,2021	Wed, 3hr , 2:30 -4:30 pm Sat: 3hr , 1- 3pm Mon 11 -1pm ,3hr
One to One Yoga Meditation		26 March 2021	Duration 1 :25 hr
Online Special Sickness		26 March 2021	Tuesday 3-4pm Saturday 7-8am
Online Certificate IV in YOGA TEACHING 10696NAT CRICOS 098603G YTT 600hr Level -3	1 Year, 52 Weeks 4 Terms 80% contact hrs 20% distance hr	24 March,2021 26 May ,2021 25 August,2021 24 Nov. ,2021 27 Jan , 2022	Wed, 3hr , 5:30 -8:30 pm Sat: 3hr , 2- 5pm Mon 1 -4pm ,3hr
Meditation	1 Year, 52 Weeks 4 Terms 80% contact hrs 20% distance hr	Contact Us	Contact Us



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Vedic and Western Astrology	1 Year, 52 Weeks 4 Terms 80% contact hrs 20% distance hr	Contact Us	Contact Us
Sanskrit Language	1 Year, 52 Weeks 4 Terms 80% contact hrs 20% distance hr	Contact Us	Contact Us
Vastu Engineering	1 Year, 52 Weeks 4 Terms 80% contact hrs 20% distance hr	Contact Us	Contact Us
Public Speaking	1 Year, 52 Weeks 4 Terms 80% contact hrs 20% distance hr	Contact Us	Contact Us